

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
530-630am REVV (Tracy) 630-730am ZUMBA (Adeena)	6-7am CIRCUIT (Tim)	530-630am REVV (Tracy) 630-730am ZUMBA (Adeena)	6-7am CIRCUIT (Tim)	530-630am REVV (Tracy)	FIRST SAT. CLASS 8-930am (1.5 hour) REVV (Tracy)	
830-920am STEP (Jacquie) 830-9am STUDIO GUTS & BUTTS (Carli)	8-9am STUDIO PILATES (Rachel) 830-920am BOOTCAMP (Robyn)	830-930am STEP (Jacquie) 830-9am STUDIO GUTS & BUTTS (Carli)	8-9am STUDIO PILATES (Rachel)	830-920am STEP (Jacquie)	8-9am REVV (Rachelle J.)	
9-10am STUDIO PILATES (Carli) 930-955am STRENGTH (Jacquie) 930-1030am POOL AQUA AEROBICS (Stephanie) 10-11am FUN & FIT (Jacquie)	930-1030am ZUMBA BASIC (Ros'e) 10-11am POOL ACTS (Ellie) 1030-1130am YOGA (Lorna) STUDIO	9-10am STUDIO PILATES (Carli) 930-1030am POOL AQUA AEROBICS (Stephanie) 10-11am FUN & FIT (Kate)	930-1015am BOSU (Robyn) STUDIO 930-1030am ZUMBA BASIC (Ros'e) 10-11am ACTS (Cheri) POOL 1030-1130am YOGA (Gabrielle) STUDIO	930-10am STRENGTH (Jacquie) 930-1030am POOL AQUA AEROBICS (Stephanie) 1010-11am FUN & FIT (Jacquie)	9-10am PUMPED (Jacquie) 9-10am "BOX" (*) CROSSFIT (Rachel) 1010-1030am "ONE HOT MOVE" (Stefani) 1030-1130am ZUMBA (Stefani) 1030-1130am (*) CROSSFIT (Rachel) "BOX"	10-11am ZUMBA (Stefani) 11-12pm STUDIO PILATES (Shannon)
12-1pm "BOX" (*) CROSSFIT (Josh) 12-1pm REVV (Chanler)	12-1pm UPSTAIRS CIRCUIT (Tim) 12-2pm OPEN GYM	12-1pm REVV (Aarin) 12-1pm "BOX" (*) CROSSFIT (Josh)	12-1pm UPSTAIRS CIRCUIT (Tim) 12-2pm OPEN GYM	12-1pm REVV (Chanler) 12-1pm STRENGTH & CONDITIONING (TBA)		
430-525pm CIRCUIT (Tim) 5-6pm "BOX" (SR) CROSSFIT INTRO (Rachel)	430-525pm PUMPED (Jacquie)	430-525pm CIRCUIT (Tim) UPSTAIRS 5-6pm "BOX" (SR) CROSSFIT INTRO (Rachel)	430-525pm PUMPED (Jacquie)	430-530pm CIRCUIT (Tim)		4-5pm ZUMBA (Casse) 515-615pm AQUA ZUMBA (Casse) POOL
530-630pm REVV (Barbara) 530-630pm ZUMBA + (Ros'e) 6-7pm "BOX" (*) CROSSFIT (Rachel)	530-625pm R.I.P.P.E.D. (Stephanie) 530-630pm REVV (Kristine) 530-630pm POOL AQUA AEROBICS (Jacquie) 530-630pm "BOX" (*) CROSSFIT (Josh)	530-625pm ZUMBA + (Ros'e) 530-630pm REVV (Barbara) 6-7pm "BOX" (*) CROSSFIT (Rachel)	530-625pm R.I.P.P.E.D. (Stephanie) 530-630pm POOL AQUA AEROBICS (Jacquie) 530-630pm "BOX" (*) CROSSFIT (Josh) 530-630pm REVV (Kristine)	530-630pm ZUMBA + (Ros'e) 530-630pm REVV (Kristine)	<p>KEY BOX:</p> <p>(*) UNLIMITED CLASSES / PAYMENT & SIGN-UP REQUIRED PER MONTH (SR)</p> <p>SIGN-UP REQUIRED (see class descriptions)</p> <p>SHADED AREA (class location) STUDIO / POOL / UPSTAIRS / "BOX" and the "REVV" ROOM (upstairs)</p>	
630-730pm STRENGTH & CONDITIONING (TBA)	630-730pm ZUMBA (Stefani) 630-730pm "BOX" (*) CROSSFIT (Josh)	630-730pm STRENGTH & CONDITIONING (TBA)	630-730pm ZUMBA (Stefani) 630-730pm "BOX" (*) CROSSFIT (Josh)			

FYI:
CLOSED
Memorial
Day
Monday, May 28th

Visit our website: www.calcourtsfitness.com

BROADWAY: 518 W. Clark Street Eureka, CA. 95501 **(707) 445-5445**

Hours: M-F 5am-10pm / Sat 8am-8pm / Sun 8am-7pm

Childcare Hours: Mon-Sat 830-1130am / Mon-Thurs 430-730pm / Fri 430-630pm

ANNEX: 3909 Walnut Drive Cutten, CA. 95534 **(707) 445-5442**

Hours: M-F 5am-9pm / Sat 8am-7pm / Sun 8am-6pm

Childcare Hours: M-F 830-1130am