

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-925am <b>LAP SWIM</b>	5-955am <b>LAP SWIM</b>	5-925am <b>LAP SWIM</b>	5-955am <b>LAP SWIM</b>	5-925am <b>LAP SWIM</b>	8-1pm <b>LAP SWIM</b>	8-1pm <b>LAP SWIM</b>
930-1030am <b>AQUA AEROBICS</b> (Stephanie)	10-11am <b>ACTS</b> (Ellie) 11-330pm <b>LAP SWIM</b>	930-1030am <b>AQUA AEROBICS</b> (Stephanie)	10-11am <b>ACTS</b> (Cheri) 11-330pm <b>LAP SWIM</b>	930-1030am <b>AQUA AEROBICS</b> (Stephanie)		
1030-330pm <b>LAP SWIM</b>		1030-330pm <b>LAP SWIM</b>		1030-330pm <b>LAP SWIM</b>		
330-5pm <b>FAMILY SWIM</b>	330-5pm <b>FAMILY SWIM</b>	330-5pm <b>FAMILY SWIM</b>	330-5pm <b>FAMILY SWIM</b>	330-5pm <b>FAMILY SWIM</b>	1-5pm <b>FAMILY SWIM</b>	1-5pm <b>FAMILY SWIM</b>
5-630pm <b>LAP SWIM</b>	5-525pm <b>LAP SWIM</b> 530-630pm <b>AQUA AEROBICS</b> (Jacquie)	5-630pm <b>LAP SWIM</b>	5-525pm <b>LAP SWIM</b> 530-630pm <b>AQUA AEROBICS</b> (Jacquie)	5-630pm <b>LAP SWIM</b>	5-730pm <b>LAP SWIM</b>	515-615pm <b>AQUA ZUMBA</b> (Casse)
630-8pm <b>FAMILY SWIM</b>	630-8pm <b>FAMILY SWIM</b>	630-8pm <b>FAMILY SWIM</b>	630-8pm <b>FAMILY SWIM</b>	630-8pm <b>FAMILY SWIM</b>		
8-930pm <b>LAP SWIM</b>	8-930pm <b>LAP SWIM</b>	8-930pm <b>LAP SWIM</b>	8-930pm <b>LAP SWIM</b>	8-930pm <b>LAP SWIM</b>		

## POOL RULES

- **POOL CLOSED** one half hour before posted Club closing.
- **SHOWER OFF** (hot soapy water, rinse thoroughly) before entering the pool.
- **NO COTTON MATERIALS** are permitted in the pool, **SWIM ATTIRE ONLY**.
- **NO DIVING ALLOWED**.
- **SWIM DIAPERS** are required for all children not yet potty trained.
- Follow the **AGE RESTRICTIONS** accordingly.
- **NO LIFEGUARD ON DUTY**.
  
- **Please respect the designated hours for LAP SWIM, FAMILY SWIM, AQUA CLASSES and SWIM LESSONS.**

### FYI:

**CLOSED**  
**Memorial**  
**Day**

**Monday, May 28th**

Visit our website: [www.calcourtsfitness.com](http://www.calcourtsfitness.com)

**BROADWAY:** 518 W. Clark Street Eureka, CA. 95501 **(707) 445-5445**

**Hours:** M-F 5am-10pm / Sat 8am-8pm / Sun 8am-7pm

**Childcare Hours:** Mon-Sat 830-1130am / Mon-Thurs 430-730pm / Fri 430-630pm

**ANNEX:** 3909 Walnut Drive Cutten, CA. 95534 **(707) 445-5442**

**Hours:** M-F 5am-9pm / Sat 8am-7pm / Sun 8am-6pm

**Childcare Hours:** M-F 830-1130am